



Figure Skating Competition Guide

Registration:

- The competition site and dates are announced 3-4 weeks before the event deadline, your coach will confirm if you will be participating.
- Your coach will confirm in which category the skater should register.
- You **MUST** read and understand the criteria and conditions associated with the competition. The registration form must be accurately completed.
- As per Skate Canada rules, once the groups and schedule have been published, no changes are possible. Please make arrangements to be available at any time during the entire competition.

The competition:

- The event number and time for the competition will be communicated to you 1-2 weeks before the event by your coach.

Arrival Time:

- 1 hour before the scheduled start time.

Please Note:

- Competitions often begin on Friday. It is possible that your child will be required to compete on the Friday. The participant must plan accordingly.

What to bring to the competition:

- Skates (it is recommended that you have a 2nd pair of laces in the bag)
- Helmet (mandatory for skaters who have NOT obtained Badge 5)
- Skate protectors and Skates
- 2 music CD (only for categories STAR 2 and higher), check to ensure that they are in good condition.
- Running shoes for the warm-up.
- Competition outfit (a back-up outfit is recommended but not required)
- Beige tights [2 pairs if possible].
- Hair accessories [bobby pins, comb/brush, hairspray, gel)
- Make-up as required
- Snack should be consumed 90 minutes before the event [dried fruit, apple sauce, or other health snack)
- Completed program content sheet [STAR 5 and higher and Sans Limites)

Arrival:

- The skater will be welcomed by a group of volunteers. They must check in at the registration desk and hand in their CDs and music content sheets as required.
- The skater will receive the assigned room number.
- Change into costume and put on running shoes and ensure that hair and make-up as required are appropriate and well secured and do not fall on the ice during the competition.
- Your coach is responsible to ensure that they are present to receive you shortly after your arrival.



The coach take responsibility for the skater up until the skaters' event. Parents should seat themselves in the stands.

- Out of respect for the safety of the competing athletes, do not use camera or phone equipped with flash or LED lighting systems during the event as you may momentarily blind the skaters and cause an accident.

After the competition:

- The parent will locate their parents in the stands.
- The competition results are compiled and presented according to Skate Canada rules. Results can only be published once all the skaters in the group have completed the event and the officials have validated the results.
- The Badge 4 to STAR 3 categories receive personalized assessments.
- Skaters competing in STAR 4 and higher and sans limites receive a ranking and if they are in the top 3 will receive a medal.
- It is important to collect the CD and results envelope before leaving the arena.
- The coach should explain the presentation of the result sheet. If you have any questions or complaints, these can be communicated to the coach who will in cases of a justified query contact the technical representative for the competition.

Thank you. If you have any questions, please speak with your coach.